



PRODUCT INFORMATION SHEET

Mushroom & 3 Cheese Egg White Frittata 2oz Bulk

Veggies made great! Our Mushroom & 3 Cheese Frittata is 80 calories, 4g of protein, made with egg whites, and gluten free!. Meet the growing demand for healthier and more delicious plant-forward menu solutions across all dayparts with Veggies Made Great, where vegetables are always #1. Breakfast, mini-meal, snack, or side. Versatile Veggies Made Great offers delicious & nutritious plant-forward simplicity that appeals to consumers and your bottom line. Allergen-friendly. Gluten Free, Soy Free, Peanut & Tree Nut Free.

Nutrition Facts	
24 servings per container	
Serving size	1 frittata (57g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 200mg	9%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 63mg	4%
Iron 0mg	0%
Potassium 124mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Item #:	14469724
UPC:	N/A
GTIN:	0-07-04863-95306-9
Case Pack:	4 – 6 count bags
Portion Size:	1 frittata
Portions Per Case:	24
Net Weight:	3 lbs
Gross Weight:	3.35 lbs
Case Dimensions:	8.68" x 6.5" x 5.375"
Case Cube:	0.18
Pallet Pattern (T x H):	32x12=384
Storage Temp:	Frozen (-10° – 0°F)
Frozen Shelf Life:	18 Months
Refrigerated Shelf Life:	N/A
Certifications:	Kosher
Dietary Claims:	Gluten Free

INGREDIENTS: Vegetable Blend (Mushrooms, Potatoes, Cauliflower, Kale), Egg Whites, Caramelized Onions (Yellow Onions, Sugar, Apple Juice Concentrate), Milk, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Muenster Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Buckwheat*, Canola Oil, Corn Starch, Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Tomato Concentrate, Water, Natural Sea Salt, Mushroom & Seaweed Extract, Citrus Fiber, Onion Powder, Salt, Sugar, Garlic Powder, Thyme, Black Pepper, Non Dairy Natural Gruyere Cheese Flavor (Gum Arabic, Maltodextrin, Organic Sunflower Oil, Natural Flavor).

CONTAINS: EGG, MILK
GLUTEN FREE, SOY FREE, PEANUT & TREE NUT FREE

Handling Instructions: Keep frozen. Heat from frozen. Heat to 165°F prior to serving.

Heating Instructions: May be held hot in a chafing dish for up to 3 hours.

CONVECTION OVEN: Pre-heat oven to 350°F. Place six to twelve frozen frittatas in a single layer on a non-stick baking sheet, with at least 1 inch gap in between. Bake for 18-20 minutes until internal temperature of all pieces reaches at least 165 °F.

MICROWAVE: Remove from package and place on microwave safe plate. Heat on high. Two Frittatas – 2 to 2 ½ minutes. Four Frittatas – 3 ½ to 4 minutes. Six Frittatas – 5 to 5 ½ minutes.